





December 27, 2010

The Update is a bi-weekly Web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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Looking Ahead for a Healthier New Year

Overweight, obesity are winnable health battles for 2011

Christmas cookies, office buffets, eggnog and holiday feasts - seasonal celebrations usually include food choices that aren't always the healthiest. Holiday excesses are often followed by New Year dieting, but statistics show the need for a healthier lifestyle is a year-round challenge in Iowa. This challenge is one that can be accomplished; the CDC has identified nutrition, physical activity, and obesity as "winnable public health battles."

According to the Iowa Department of Public Health (IDPH), 67.2 percent of Iowa adults and 11 percent of Iowa children are overweight or obese. Iowa currently ranks 22nd in the nation for adult obesity, with a rate of 27.6 percent. While many Iowans wish to lose weight to look better, there are significant medical reasons to take weight loss seriously. Obesity has been shown to contribute to many potentially serious health problems, including:

- Blood (fat) lipid abnormalities
- Cancer, including cancer of the uterus, cervix, ovaries, breast, colon, rectum and prostate
- Depression
- Gallbladder disease
- Gynecological problems, such as infertility and irregular periods
- Heart disease
- High blood pressure
- Metabolic syndrome
- Nonalcoholic fatty liver disease
- Osteoarthritis
- Skin problems, such as impaired wound healing
- Sleep apnea
- Stroke
- Type 2 diabetes

UNNATURAL CAUSES: Is Inequality Making US Sick?

You might have heard about it at the public health conference, or through various public health settings, and now there is a copy complete with the companion discussion guide tool through the IDPH Office of Minority and Multicultural Health lending library.

UNNATURAL CAUSES explores how population health is shaped by the social and economic conditions in which we are born. live and work. This is a free and collaborative opportunity for staff in-service training, addressing performance measure criteria or goals and objectives, engaging conversations with staff and community or enhancing your staffs' awareness regarding health equity. If you are interested in borrowing the video and receiving the discussion guide, please contact Janice Edmunds-Wells at (515) 281-4904 or by e-mail at jwells@idph.state.ia.us.

The Office of Minority and Multicultural Health is also available if you wish the inclusion of staff within your training sessions.

Looking Ahead for a Healthier New Year

continued

The desire to get fit and lose weight is commonly among the list of top ten New Year's resolutions. The Live Healthy Iowa 100 Day Wellness Challenge is a fun, easy and affordable way to help Iowans make healthier food and activity choices. This team-based physical activity, nutrition and weight loss program is designed to promote positive changes leading to a healthier lifestyle. The tenth anniversary Live Healthy Iowa 100 Day Wellness Challenge begins January 20, 2011. Make plans now to form a Live Healthy Iowa team to help kick-start your healthy lifestyle efforts in 2011. For more information about the program, visit www.livehealthyjowa.org.

For more information, contact Polly Carver-Kimm at (515) 401-7988

Healthy Iowans Launches a New Website

A new website has just been launched to engage public health partners in the development and use of Healthy lowans, our state's five-year health assessment and health improvement plan.

Online at www.idph.state.ia.us/adper/healthy_iowans.asp, the new website includes sections on the background of Healthy Iowans, updates and important announcements, frequently asked questions, and resources for organizations and individuals wishing to help develop the five-year health assessment and improvement plan.

New Year's Resolutions Expected to Increase Quitline Iowa Calls

Campaign targets 83 percent of smokers who want to quit

If you are among the vast majority of Iowa smokers who want to quit, you're not alone. And if your health care provider has talked to you about Quitline Iowa, that's no coincidence.

A new campaign by the Iowa Department of Public Health (IDPH) highlights the fact that 83 percent of Iowa smokers say they want to quit. Using data from the Iowa Adult Tobacco Survey, the "Operation 83" campaign coincides with the seasonal spike in calls to 1-800-QUIT-NOW when many Iowa smokers make New Year's resolutions to overcome their addiction to nicotine.

"When Iowans call the Quitline, counselors help them understand the underlying reasons for smoking and how to break the cycle of addiction that makes it so difficult to quit," said Aaron Swanson, Quitline Iowa coordinator at IDPH. "Together, these insights can more than double one's chances of successfully quitting tobacco use."

During the campaign, IDPH is leveraging community partnerships in nearly every county in Iowa. Since November, partners have been visiting local doctors' offices and clinics with information designed to help providers introduce the free Quitline Iowa services to their patients who use tobacco.

"You don't need an invitation to call 1-800-QUIT-NOW to get free help to quit using tobacco," Swanson added. "But we also know that people respond well when their doctor, nurse, or dentist helps them get started, either by providing information or having Quitline Iowa coaches make the initial call."

Quitline Iowa is available for free to all Iowa adults who want to quit tobacco use. For more information, call 1-800-784-8669 (1-800-QUIT-NOW) or visit www.quitlineiowa.org.

For more information, contact Don McCormick at (515) 401-7016



Administration/Program Management

IME Informational Letter #972: Program Integrity Provider Self-Audit

The Program Integrity (PI) Unit within the Iowa Medicaid Enterprise (IME) is implementing a new web-based self-audit tool that will be operational starting in December 2010. Providers that are selected for a self audit will receive an audit engagement letter from the IME PI Unit that indicates the premise for the audit and a key code needed to create the on-line account for audit completion. The on-line tool will walk providers through the self-audit in a step by step process.

Providers will have 45 days from the date of the initial engagement letter to complete and electronically sign off on the audit results. After the audit has been completed by the provider, the self-audit tool will identify a small percentage of claims that will be used by the PI Unit for self-audit verification. The provider will need to submit hard copy records to the PI Unit for these identified claims.

After audit verification, a final letter will be mailed to the provider summarizing the results and any additional steps that may need to be completed by the provider.

If you have any questions regarding this new self-audit process, contact information will be provided in the audit engagement letter. See IME Informational Letter #972 on page 8 of **The UPdate**.

IME Informational Letter #974: Enforcement of Provision Related to Excluded Providers

The Iowa Medicaid Enterprise (IME)has released Informational Letter #974 which advises that claims listing providers as 'referring' or 'prescribing' who are on the Health and Human Services (HHS) Office of Inspector General (OIG) exclusion list will be denied effective February 1, 2011.

When the HHS-OIG has excluded a provider, federal health care programs (including Medicaid and CHIP programs) are generally prohibited from paying for any items or services furnished, ordered, or prescribed by excluded individuals or entities. This payment ban applies to any items or services reimbursable under a Medicaid program that are furnished by an excluded individual or entity. In addition, no Medicaid payments can be made for any items or services directed or prescribed by an excluded physician or other authorized person. This prohibition applies even when the Medicaid payment itself is made to another provider, practitioner, or supplier that is not excluded. Please know that:

- all medical claims containing a referring provider number of a provider on the exclusion list will not be approved for payment. The provider submitting the claim will receive a denial on their remittance advice stating this.
- pharmacies processing claims containing a prescribing provider number of a provider on the exclusion list will receive a Point of Sale (POS) denial message of, "71 Prescriber is not covered". An override will not be allowed for excluded providers.

Administration/Program Management

IME Informational Letter #974: Enforcement of Provision Related to Excluded Providers

continued

The HHS-OIG maintains the List of Excluded Individuals and Entities (LEIE), which is a database accessible to the general public that provides information about parties excluded from participation in Medicare, Medicaid, and all other federal health care programs. The LEIE website is located at www.oig.hhs.gov/fraud/exclusions.asp and is available in two formats. This on-line search engine identifies currently excluded individuals or entities.

For additional information, please see Informational Letter #974 found on pages 9-10 of **The UPdate**. If you have any questions, please contact the IME Provider Services Unit at 1-800-338-7909 or locally (in Des Moines) at 256-4609, or e-mail at imeproviderservices@dhs.state.ia.us.

Home Visiting Program In-Service and Bureau of Family Health Grantee Committee Meeting

Several grantees (executive directors and project managers) and state staff are scheduled to participate in an IDPH Quality Improvement Champion Training on January 20th. Due to this scheduling conflict, the Grantee Committee meeting has been rescheduled for February 15, 2011 from 9-11:30 a.m. via the ICN (a listing of ICN sites can be viewed on pages 11-12 of **The UPdate**). Attendance at the February 15 Grantee Committee meeting will not be required, but if you are not able to attend, please send an e-mail to Heather Hobert Hoch at hhobert@idph.state.ia.us.

In the interest of sharing timely information, we will use the January 20th ICN time to offer a presentation on the Home Visiting Program from 9-10:30 a.m (a listing of ICN sites can be viewed on pages 13-14 of **The UPdate**). State staff will provide an overview of the Home Visiting Program, who will be funded and share federal program guidance. Please e-mail any specific questions you have regarding the Home Visiting Program to Heather Hobert Hoch and these questions will be answered as part of the presentation. Please feel free to invite your community partners!

Calendar

January 20, 2011 Home Visiting Program In-Service 9-10:30 a.m., ICN

February 15, 2011
Bureau of Family Health Grantee Committee Meeting 9-11:30 a.m, ICN

*April 5-6, 2011 2011 Iowa Governor's Conference on Public Health Scheman Conference Center, Ames

JANUARY Contract Required Due Dates

1 - Change CAReS Password

15 - Due: Electronic Expenditure Workbooks

28 - Export WHIS Records to IDPH

28 - Due: Dental Data Report

28 - Due: **hawk-i** Outreach Quarterly Progress Report

31 - Due: FPAR Tables 9 & 13

^{*} Required meeting





Bureau of Family Health: 1-800-383-3826

Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

NAME	PHONE	E-MAIL
Beaman, Janet	281-3052	jbeaman@idph.state.ia.us
Boltz, Rhonda	281-4926	rboltz@idph.state.ia.us
Borst, M. Jane	281-4911	jborst@idph.state.ia.us
(Bureau Chief)		
Brown, Kim	281-3126	kbrown@idph.state.ia.us
Connet, Andrew	281-7184	aconnet@idph.state.ia.us
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Dhooge, Lucia	281-7613	ldhooge@idph.state.ia.us
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Hageman, Gretchen	745-3663	ghageman@idph.state.ia.us
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Hummel, Brad	281-5401	<u>bhummel@idph.state.ia.us</u>
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Mathews, Renee	281-6071	rmathews@idph.state.ia.us
McGill, Abby	281-3108	amcgill@idph.state.ia.us
Miller, Lindsay	281-7368	<u>lmiller@idph.state.ia.us</u>
Montgomery, Juli	242-6382	jmontgom@idph.state.ia.us
O'Hollearn, Tammy	242-5639	tohollea@idph.state.ia.us
Parker, Erin	725-2166	emparker@idph.state.ia.us
Pearson, Analisa	281-7519	apearson@idph.state.ia.us
Peterson, Janet	242-6388	jpeterso@idph.state.ia.us
Piper, Kim	720-4925	kpiper@idph.state.ia.us
Thorud, Jennifer	281-0219	<u>ithorud@idph.state.ia.us</u>
Trusty, Stephanie	281-4731	strusty@idph.state.ia.us
Vierling, Sonni	281-8287	svierlin@idph.state.ia.us
Wheeler, Denise	281-4907	dwheeler@idph.state.ia.us
Wolfe, Meghan	242-6167	mwolfe@idph.state.ia.us

Area code is 515



STATE OF IOWA

CHESTER J. CULVER, GOVERNOR PATTY JUDGE, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES CHARLES J. KROGMEIER, DIRECTOR

INFORMATIONAL LETTER NO. 972

DATE: December 15, 2010

TO: All Iowa Medicaid Providers

FROM: Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

RE: Program Integrity Provider Self-Audit

EFFECTIVE: December, 2010

The Program Integrity Unit (PI) within the Iowa Medicaid Enterprise is implementing a new web based self-audit tool that will be operational starting in December 2010. Providers that are selected for a self audit will receive an audit engagement letter from the IME Program Integrity Unit that indicates the premise for the audit and the key code needed to create the on-line account for audit completion. The on-line tool will walk providers through the self-audit in a step by step process.

Providers will have 45 days from the date of the initial engagement letter to complete and electronically sign off on the audit results. After the audit has been completed by the provider, the self-audit tool will identify a small percentage of claims that will be used by the PI Unit for self-audit verification. The provider will need to submit hard copy records to the PI Unit for these identified claims.

After audit verification, a final letter will be mailed to the provider summarizing the results and any additional steps that may need to be completed by the provider.

If you have any questions regarding this new self-audit process, contact information will be provided in the audit engagement letter.

***** Per Informational Letter 962, Informational Letters are no longer sent on paper****



STATE OF IOWA

CHESTER J. CULVER, GOVERNOR PATTY JUDGE, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES
CHARLES J. KROGMEIER, DIRECTOR

INFORMATIONAL LETTER NO. 974

DATE: December 15, 2010

TO: Iowa Medicaid Providers

FROM: Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

RE: Enforcement Provision Related to Excluded Providers

This Informational Letter is to advise that claims for providers, with the provider identified as the "referring" or "prescribing" provider, who are on the Health and Human Services - Office of Inspector General (HHS-OIG) exclusion list will be denied effective February 1, 2011.

Background

The HHS-OIG excludes individuals and entities from participation in Medicare, Medicaid, the State Children's Health Insurance Program (CHIP), and all Federal health care programs (as defined in section 1128B(f) of the Social Security Act (the Act)) based on the authority contained in various sections of the Act, including sections 1128, 1128A, and 1156.

When the HHS-OIG has excluded a provider, Federal health care programs (including Medicaid and CHIP programs) are generally prohibited from paying for any items or services **furnished**, **ordered**, **or prescribed** by excluded individuals or entities. This payment ban applies to any items or services reimbursable under a Medicaid program that are furnished by an excluded individual or entity. In addition no Medicaid payments can be made for any items or services directed or prescribed by an excluded physician or other authorized person. **This prohibition applies even when the Medicaid payment itself is made to another provider, practitioner or supplier that is not excluded**.

The HHS-OIG maintains the List of Excluded Individuals and Entities (LEIE), which is a database accessible to the general public that provides information about parties excluded from participation in Medicare, Medicaid, and all other Federal health care programs. The LEIE website is located at: http://www.oig.hhs.gov/fraud/exclusions.asp and is available in two formats. This on-line search engine identifies currently excluded individuals or entities.

Medical Claims

All medical claims containing a referring provider number of a provider on the exclusion list will not be approved for payment. The provider submitting the claim will receive a denial on their remit stating this.

Pharmacy Claims

Pharmacies processing claims containing a prescribing provider number of a provider on the exclusion list will receive a Point of Sale (POS) denial message of, "71 Prescriber is not covered". An override will not be allowed for excluded providers.

If you have any questions, please contact the IME Provider Services Unit at 1-800-338-7909 or locally (in Des Moines) at 256-4609, or e-mail at imeproviderservices@dhs.state.ia.us.

BUREAU OF FAMILY HEALTH GRANTEE COMMITTEE MEETING February 15, 2010 9-11:30 a.m. ICN Sites

Ames	Iowa City
Ames High School	Iowa City Public Library
20 th & Ridgewood	123 South Linn Street, Meeting Room D
Phone: 515-817-0600	Phone: 515-356-5200
Primary Local Site Contact:	Primary Local Site Contact:
Lance Wilhelm - 515-268-6670	Brian Visser – 515-887-6025
Burlington	Knoxville
Great Prairie AEA	Knoxville High School
3601 West Avenue	1811 West Madison, Room 125
Phone: 319-753-6561	Phone: 641-842-2173
Primary Local Site Contact:	Primary Local Site Contact:
Anne Aney – 319-753-6561	Paul Emerick- 641-842-2173
Carroll	Mason City
Carroll High School	Newman Catholic High School
2809 North Grant Road, Room A169	2445 19th SW
Phone: 712-792-8010	Phone: 641-421-4436
Primary Local Site Contact:	Primary Local Site Contact:
Kelly Fischbach – 712-792-8010 x221	Shari Rottinghaus – 641-421-4433
Cedar Rapids	Muscatine
Department of Human Services	Muscatine Community College
411 3rd Street SE, 5th Floor, Room 550	152 Colorado Street, Larson Hall, Room 60
Phone: 319-892-6700	Phone: 563-288-6001
Primary Local Site Contact:	Primary Local Site Contact:
Pat Lynch – 319-892-6717	Gail Spies- 563-288-6005
Council Bluffs	Norwalk
Iowa School for the Deaf - 1	Norwalk High School
3501 Harry Langdon Boulevard, Careers	1201 North Avenue, Room 102
Bldg, 2 nd Floor	Phone: 515-981-4201
Phone: 712-366-3647	Primary Local Site Contact:
Primary Local Site Contact:	Connie Thompson – 515-981-4201 x30
Christy Nash – 712-366-3647	
Creston	Ottumwa
Creston High School	Great Prairie AEA - 1
601 West Townline Road, Room 404	2814 N Court Street
Phone: 641-782-2116	Phone: 641-682-8591
Primary Local Site Contact:	Primary Local Site Contact:
Jeff Norman – 641-782-2116	Shirley Walker – 641-682-8591 x5220

Eastern Iowa Community College - 1 326 West 3"d Street, Kahl Educational Center, Room 300 Phone: 563-336-5200 Primary Local Site Contact: Catarina Pena - 563-336-5228 Decorah Decorah High School 100 East Claiborne Drive Phone: 563-382-3643 Primary Local Site Contact: Mark Albers - 563-382-3643 East 12th & Grand Avenue, Ola Babcock Miller Building (Old Historical Building) Phone: 515-281-4316 Primary Local Site Contact: Nancy Rash - 319-653-4655 Primary Local Site Contact: Nancy Rash - 319-653-4655 Dubuque Keystone Area Education Agency 2310 Chaney Road, Room 2 Phone: 563-556-3310 Primary Local Site Contact: Judy Gantenbein - 563-556-3310 Fort Dodge Fort Dodge Fort Dodge Fort Dodge Fort Dodge Public Library 424 Central Avenue Phone: 515-573-8167 Primary Local Site Contact: Primary Local Site Contact: Vickie Westendorf - 319-292-2430	Γ	T
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Mark Albers - 563-382-3643Jim Christensen - 712-222-6211*Des Moines - Origination SiteWashingtonState Library - 3Kirkwood Learning CenterEast 12th & Grand Avenue, Ola Babcock111 Westview DriveMiller Building (Old Historical Building)Phone: 319-653-4655Phone: 515-281-4316Primary Local Site Contact:Primary Local Site Contact:Nancy Rash - 319-653-4655Toni Blair - 515-281-8958WaterlooDubuqueWaterlooKeystone Area Education AgencyDepartment of Human Services2310 Chaney Road, Room 21407 Independence Avenue, PinecrestPhone: 563-556-3310Building,Primary Local Site Contact:Phone: 319-291-2441Judy Gantenbein - 563-556-3310Primary Local Site Contact:Vickie Westendorf - 319-292-2430Fort DodgeFort Dodge Public Library424 Central AvenuePhone: 515-573-8167	Primary Local Site Contact:	Primary Local Site Contact:
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East 12th & Grand Avenue, Ola Babcock Miller Building (Old Historical Building) Phone: 515-281-4316 Primary Local Site Contact: Primary Local Site Contact: Nancy Rash — 319-653-4655 Primary Local Site Contact: Nancy Rash — 319-653-4655 Waterloo Keystone Area Education Agency 2310 Chaney Road, Room 2 Phone: 563-556-3310 Primary Local Site Contact: Judy Gantenbein - 563-556-3310 Fort Dodge Fort Dodge Fort Dodge Public Library 424 Central Avenue Phone: 515-573-8167	*Des Moines - Origination Site	Washington
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Fort Dodge Fort Dodge Public Library 424 Central Avenue Phone: 515-573-8167 Primary Local Site Contact: Vickie Westendorf – 319-292-2430	Primary Local Site Contact:	Phone: 319-291-2441
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424 Central Avenue Phone: 515-573-8167	·	
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Primary Local Site Contact:	Phone: 515-573-8167	
J I	Primary Local Site Contact:	
Deb Kern – 515-573-8167 x232		

^{*}Origination site

HOME VISITING PROGRAM IN-SERVICE January 20, 2011 9-10:30 a.m. ICN Sites

Ames	Fort Dodge
Ames High School	Fort Dodge Public Library
20 th & Ridgewood	424 Central Avenue
Phone: 515-817-0600	Phone: 515-573-8167
Primary Local Site Contact:	Primary Local Site Contact:
Lance Wilhelm – 515-268-6670	Deb Kern – 515-573-8167 x232
Burlington	Iowa City
Great Prairie AEA	Iowa City Public Library
3601 West Avenue	123 South Linn Street, Meeting Room D
Phone: 319-753-6561	Phone: 515-356-5200
Primary Local Site Contact:	Primary Local Site Contact:
Anne Aney – 319-753-6561	Brian Visser – 515-887-6025
Carroll	Knoxville
Kuemper High School	Knoxville High School
109 South Clark Street, Room 175	1811 West Madison, Room 125
Phone: 712-792-3596	Phone: 641-842-2173
Primary Local Site Contact:	Primary Local Site Contact:
John Kitch – 712-792-3596 x229	Paul Emerick- 641-842-2173
Cedar Rapids	Mason City
Department of Human Services	Newman Catholic High School
411 3rd Street SE, 5th Floor, Room 550	2445 19th SW
Phone: 319-892-6700	Phone: 641-423-6939
Primary Local Site Contact:	Primary Local Site Contact:
Pat Lynch – 319-892-6717	Sheila Bash – 641-423-6969
Columbus Junction	Muscatine
Columbus Junction Public Library	Muscatine Community College
232 2 nd Street	152 Colorado Street, Larson Hall, Room 60
Phone: 319-728-7972	Phone: 563-288-6001
Primary Local Site Contact:	Primary Local Site Contact:
Cathy Crawford – 319-728-7972	Gail Spies- 563-288-6005
Council Bluffs	Norwalk
Iowa School for the Deaf - 1	Norwalk High School
3501 Harry Langdon Boulevard, Careers	1201 North Avenue, Room 102
Bldg, 2 nd Floor	Phone: 515-981-4201
Phone: 712-366-3647	Primary Local Site Contact:
Primary Local Site Contact:	Connie Thompson – 515-981-4201 x30
Christy Nash - 712-366-3647	

Creston	Ottumwa
Creston High School	Great Prairie AEA - 1
601 West Townline Road, Room 404	2814 N Court Street
Phone: 641-782-2116	Phone: 641-682-8591
Primary Local Site Contact:	Primary Local Site Contact:
Jeff Norman – 641-782-2116	Shirley Walker – 641-682-8591 x5220
Davenport	Remsen
Eastern Iowa Community College - 1	Remsen-Union High School
326 West 3 rd Street, Kahl Educational	511 Roosevelt
Center, Room 300	Phone: 712-786-1101
Phone: 563-336-5200	Primary Local Site Contact:
Primary Local Site Contact:	Stacey Galles – 712-786-1101
Catarina Pena – 563-336-5228	
Decorah	Schleswig
Decorah Public Library	Schleswig Middle School
202 Winnebago Street	714 Date Street, Room 402
Phone: 563-382-3717	Phone: 712-676-3313
Primary Local Site Contact:	Primary Local Site Contact:
Lorraine Borowski – 563-382-3717	Sherri Jones – 712-676-3313
*Des Moines – Origination Site	Sioux City
State Library - 3	Northwest Area Education Agency
East 12th & Grand Avenue, Ola Babcock	1520 Morningside Avenue, Room 206
Miller Building (Old Historical Building)	Phone: 712-274-6000
Phone: 515-281-4316	Primary Local Site Contact:
Primary Local Site Contact:	Jim Christensen – 712-222-6211
<i>Toni Blair</i> – 515-281-8958	
Dubuque	Waterloo
Keystone Area Education Agency	Department of Human Services
2310 Chaney Road, Room 2	1407 Independence Avenue, Pinecrest
Phone: 563-556-3310	Building,
Primary Local Site Contact:	Phone: 319-291-2441
Judy Gantenbein - 563-556-3310	Primary Local Site Contact:
	Vickie Westendorf – 319-292-2430

^{*}Origination site